

ART THERAPY MINOR

Humanities Division/St. Thomas Aquinas College 3/09

A **Minor in Art Therapy** is suggested for students who desire to understand how art is used as an alternate means of expression in the therapeutic process. The techniques and methods of art therapy can enhance one's skills in related majors such as: Psychology, Sociology, Recreation and Leisure, Fine Arts and Criminal Justice.

Should a student wish to go to graduate school in art therapy he/she is advised to consult the graduate bulletin of the institution he/she wishes to attend. The Director of the Art Therapy program is also available for consultation.

The following courses are required to complete the minor in Art Therapy (21 credits):

ART 202	Introduction to Painting	_____
ART 204	Three Dimensional Design	_____
ART 205	Drawing I	_____
ART 219	Art as Therapy	_____
ART 229	Techniques & Methods in Therapeutic Art	_____
ART 309	Art Therapy & Principles of Self Expression	_____
ART 325	Applications of Art Therapy	_____

The following additional courses are recommended for those who wish to pursue a graduate program in Art Therapy.

PSYC 103	General Psychology	_____
PSYC 206	Child Psychology	_____
PSYC 301	Abnormal Psychology	_____
PSYC 306	Personality Theory	_____

There are 21 credits required for a minor in Art Therapy. It is highly recommended that the student consult a faculty member in the arts to help plan a course of study. An art advisor will help students to choose additional courses that will compliment and enhance this minor.

Please note that many of these courses will satisfy the student's core requirement in art.