

THERAPEUTIC RECREATION MINOR

Social Sciences Division/St. Thomas Aquinas College 4/09

The Division of Social Sciences offers an 18 credit minor in Therapeutic Recreation.

Group I (15 Credits)

Required Courses

R/L 101	Foundations of Recreation and Leisure	_____
R/L 344	Therapeutic Recreation: Methods, Materials & Process	_____
R/L 402	Therapeutic Recreation: Principles & Practices	_____
R/L 403	Therapeutic Recreation Techniques	_____
R/L 407	Research Methods in Therapeutic Recreation	_____

Group II (3 Credits)

Select one of the following courses:

R/L 302	Therapeutic Recreation for Special Populations	_____
OR		
R/L 309	Therapeutic Recreation in Gerontology	_____

The following additional courses are required for those who wish to pursue certification under the National Council of Therapeutic Recreation (NCTRC) guidelines:

PSYC 103	General Psychology	_____
PSYC 206	Child Psychology	_____
PSYC 301	Abnormal Psychology	_____
PSYC 316	Adult Development	_____
R/L 411	Therapeutic Recreation Internship	_____

A Minor in Therapeutic Recreation is suggested for students who desire to understand how recreation therapy has become a critical health service that restores, remediates and rehabilitates functional capacity for persons with injuries, chronic illness and disabilities. The understanding of the principles of Therapeutic Recreation and the use of the A.P.I.E. System (assessment, plan, implementation and program evaluation in T.R.) can give the student an enhanced knowledge base to enter the work force today. "Employment of recreational therapists is expected to grow faster than the average for all occupations through the year 2010 because of anticipated expansion in long term care, physical and psychiatric rehabilitation and services for people with disabilities" (Occupational Outlook Handbook, 2000).

The processes and techniques of Therapeutic Recreation can directly benefit and enhance student's skills in related areas such as: Art Therapy, Sports and Leisure Management, Psychology, and Sociology.

Should you wish to go forward in achieving certification from the National Council of Therapeutic Recreation (NCTRC) in Therapeutic Recreation, you are advised to consult Dr. Levine Madori for additional academic coursework and certification requirements.